Healthcare and the DoD Preparing for CMMC Compliance July 31, 2024



Logistics

- All attendees in "Listen Only Mode"
- Please ask content related questions in Q&A
- Recording, final slides, and resources shared within 24 hours
- Please take a few minutes to provide feedback via survey prompt at the end of this session



Introductions/ About Clearwater & Redspin



Clearwater

Dave Bailey, EMBA, CISSP | Moderator

- VP, Consulting Services, Security at Clearwater
- 24 years in cybersecurity with 14 years focused on protecting the healthcare industry
- Served as Director of Technology and Security at Mary Washington Healthcare responsible for technology leadership and acted as designated HIPAA Security Official (2009 – 2016)
- Subject Matter Expert in cyber risk management, NIST Cybersecurity Framework assessment and implementation
- Experience in advising boards and senior leaders in cyber incidents, risk analysis, and strategy development
- Served 13 years in the United States Air Force, both on Active Duty and Reserves as a Communications and Information Officer with assignments at the Pentagon, Langley AFB, Eskan Village Saudi Arabia, and Peterson AFB.

Introductions/ About Christus Health, a USFHP



Dave Duclos, CISA, CISM, CISSP, CDPSE, CPHIMS | Panelist Director and Deputy CISO, ITSEC/Cybersecurity at Christus Health

- Joined Christus Health in 2017 as System Director & Deputy CISO, leading SOC and SAC teams.
- Former Senior VP of IT and CISO in a multi-state hospital and emergency room company.



- Held various technical leadership roles in telecom, education, law enforcement, and the US Air Force over 25+ years.
- Holds bachelor's degrees in business management and computer & information science, an MBA, and several
 professional certifications (CISA, CISM, CISSP, CDPSE, CPHIMS).
- Active in professional organizations including FBI InfraGard, ISC2, ISACA, and HIMSS.

Introductions





Dr. Thomas Graham | Panelist VP, CISO at Redspin

- 15+ years of Cybersecurity Leadership in the Commercial Healthcare and Government space
- 6 years leading the Mitigation and Remediation group for the Defense Health Agency (DHA)
- 4 years as an Information Security officer for MARCORSYSCOM and the Defense Information Security Agency (DISA)
- Current Chair Management Information Systems (MIS) Advisory Board at East Carolina University (ECU), Prior member of HIMSS Security and Privacy Committee, Member AFCEA and HIMSS
- FedHealth IT Award for Innovation winner
- Ph.D. in Information Technology, MS in Technology Systems, and MBA
- Certified CMMC Assessor (CCA) and Provisional Instructor (PI)
- Architect of the first CMMC Authorized C3PAO

Introductions





Robert Teague | Panelist

Director, CMMC Services, at Redspin

- 30+ years of experience in information technology and cyber security operations in the United States Army
- 5+ years providing consultation and management to the defense industrial base (DIB), health care systems, and their supporting businesses
- Cybersecurity Maturity Model Certification (CMMC) Certified Assessor (CCA) and Certified Professional (CCP)
- Member of the Exam Development Committee, developing and validating the certification examination for the Cybersecurity Assessor and Instructor Certification Organization (CAICO)
- Member of the CMMC Standards Council
- BA in Business Administration; MBA Business Administration and Strategic Leadership, Graduate of the United States Army Sergeants Major Academy, Class 62

Healthcare and the DoD Preparing for CMMC Compliance



CMMC Background & Importance

Explain why the Department of Defense established the CMMC program and its significance for healthcare organizations handling ePHI?

What are the key differences between CMMC and other cybersecurity frameworks that healthcare organizations might already be familiar with?



Rulemaking Process and Compliance Timelines:

- Provide an overview of the current status of the CMMC rulemaking process and what we can expect in the coming months?
 - What are the key compliance timelines that healthcare organizations need to be aware of regarding CMMC certification?



CMMC 32 CFR Rulemaking Process

NOV 2021

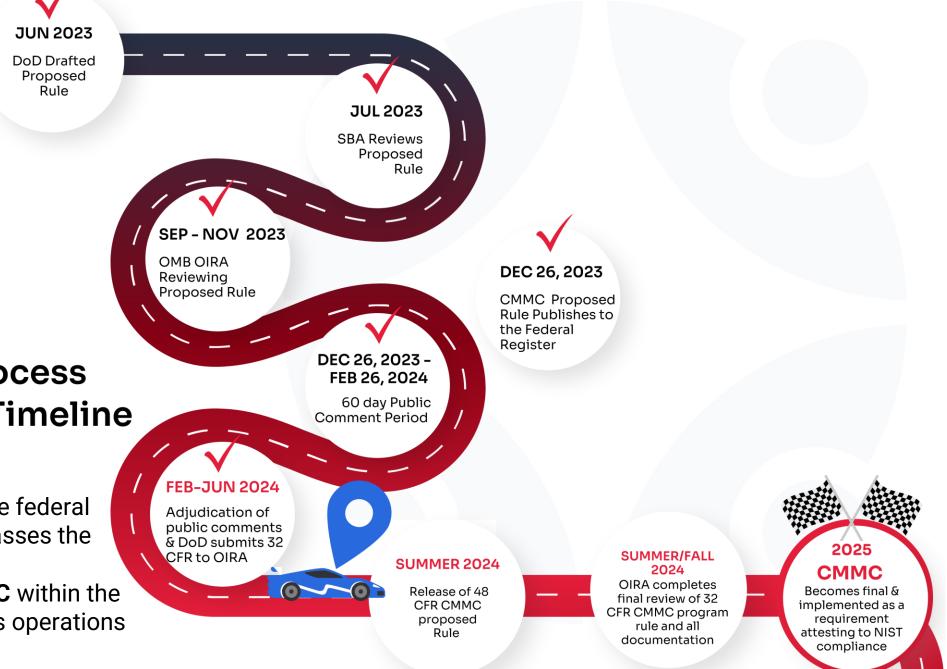
DoD Published

Notice of

Proposed Rulemaking

and EstimatedTimeline Projections

*32 CFR for CMMC is the federal regulation that encompasses the rules and guidelines for implementing the CMMC within the Department of Defense's operations and activities.



CMMC 48 CFR

Rulemaking Process and Estimated **Timeline Projections**

DEC 2023 DoD initial

establish a

clause.

announcement of intention to CMMC contract **MAR 2024** Draft Rule Public Comment Period **APR-JUN 2024 JUL 2024** DoD reviews and analyzes public Integration of comments. feedback. Revised draft rule based on public comments. **AUG-SEP 2024 OIRA OMB reviews** the revised draft. **OCT-NOV 2024** Final rule published in the Federal Register. Official & implementation of the 2024-2025 CMMC contract clause. CMMC DoD begins enforcement of the new CMMC requirements in contracts.

*48 CFR for CMMC is the federal regulation that integrates CMMC requirements into defense contracts.

Determining the Need for Certification & Getting Started

- How can a healthcare organization determine if they need CMMC certification?
- What are the first steps a healthcare organization should take when beginning their journey towards CMMC compliance?
- Can you share any tools or resources that can help organizations kickstart their CMMC implementation process?



CMMC in Healthcare: Best Practices and Challenges

- Case Study: Christus Health
 - The Need for CMMC
 - Preexisting NIST compliance
 - What is your current level of maturity?
 - Lessons learned
- What are some commonly missed opportunities/oversights in CMMC that healthcare organizations should pay special attention to?
- How can organizations balance the need for stringent CMMC requirements with the practical realities of their operational environments?



Future outlook

- Once an organization achieves CMMC certification, what are the best practices for maintaining compliance over the long term?
- How can organizations stay updated with any changes or updates to the CMMC requirements?
- How do you foresee the implementation of CMMC impacting the broader healthcare industry, particularly in terms of cybersecurity posture and partnerships with the DoD?



Audience Q&A

Dave Bailey Dave Duclos Dr. Thomas Graham Robert Teague



Upcoming Events & Resources



Clearwater's Monthly Cyber Briefing | 12pm – 1pm CT Thursday, August 1

Register here



OCR-Quality® Risk Analysis Working Lab 2024: Beginning August 7th @ 11:00 am CT

Register here

CMMC Connect

A monthly C3PAO q&a meetup!

Redspin - CMMC Connect Thursday, August 29 @ 12:00 pm CST

Register here



Making the Move to Proactive Patient Privacy Monitoring | September 10 @ 12:00 CST

Register here

Clearwater





Clearwater

We are here to help. Moving healthcare organizations to a more secure, compliant, and resilient state so they can achieve their mission.



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